



**Judo Nova Scotia  
Provincial Team Selection Criteria  
2019-20**

## **Judo Nova Scotia Provincial Team & Training Group**

### **Initiative Description:**

Judo Nova Scotia is in alignment with, and supports the High Performance pathway as promoted by Judo Canada. The initiative of the Provincial Training Group is to recruit, prepare, support, and inspire a crop of young U14/U16/U18 athletes in order to prepare them for future transition into the Judo Canada HP pathway. The mandate of the JNS 2019/20 program will be to select and prepare a team to compete at the Open National Championships in Edmonton, Alberta in May 2020, and subsequently at the Canada Cup in Montreal in July 2020.

For the 2019/20 season preparation will involve the regular attendance at selected competitions and provincial training camps (PTCs) throughout the Atlantic region. As the program matures over time it will evolve to include national level camps and competitions as well as an integrated sport science component.

### **JNS Provincial Team Selection Criteria 2019/2020**

#### **Key Dates:**

- \* *October 12, 2019* - Official Start of JNS Provincial Selection Criteria
- \* *March 8, 2020* - Pre-selection to provincial team for athletes having already met selection criteria
- \* *April 26, 2020* - Official Selection of the 2020 JNS Provincial Team
- \* *April 27, 2020* - Official announcement of 2020 JNS Team to membership and funding partners
- \* *May 3, 2020* - Team predatory camp
- \* *May 15-18, 2020* - Open National Championships
- \* *June 27-28, 2020* - Canada Cup

#### **Minimum Requirements for Team Selection:**

1. Participation at 5 of 8 competitions listed below including mandatory participation in the 2019 JNS Provincials and the 2020 Otoshi Cup
2. Participation at 4 of 5 of the training camps listed below including mandatory participation at the team predatory camp on May 3, 2020
3. Approval of club coach(es)
4. Approval of JNS HP coaching staff

#### **Competitions**

##### **2019**

1. October 12/13 - Eastern Canadian Championships
2. November 2/3 - Quebec Open
3. November 9/10 - Ontario Open
4. November 23/24 - Fall Classic
5. December 7 - NS Provincial Championships

##### **2020**

6. March 7 - Amherst Invitational
7. April 18/19 - Atlantic Championships
8. April 25/26 - Otoshi Cup

### **Training Camps**

#### **2019**

- November 16 - PTC#1 (location to be decided)
- December 8 - PTC#2 (post Provincial Championships)
- December 21/22 - PTC#3 (Halifax)

#### **2020**

- March 8 - PTC#5 (post Amherst Invitational)
- May 3 - PTC#5 (Halifax)